



Hairdressing and Beauty Therapy

Hairdressers and Beauty Therapists play an important part in helping people of all ages feel good about themselves, whether in their professional lives or socialising. There is a great emphasis on recreation and leisure these days and making the most of your appearance is important for boosting confidence and creating a feeling of well-being.

Hair & Beauty

City & Guilds NVQ Levels 1-3

These courses are undertaken in the College's own modern, fully-fitted salon and give students all the skills, experience and qualifications necessary to become practising hairdressers or Beauty Therapists.

There are no formal entry qualifications required, but applicants to the course should have a friendly and caring disposition. Coursework is balanced between theory and practise, with work experience in salons and with members of the public as an integral part of the course.

Assertiveness sessions are also included into the course content giving the students opportunities to explore their feelings and deal with difficult situations which may arise whilst out on work placement.

Hairdressing

NVQ Level 1

This is a one-year course at assistant level or as an introduction to Level 2.

The units of study are:

- Shampoo, condition and dry hair
- Contribute to the colour process
- Contribute to salon reception duties
- Contribute to teamwork
- Prepare work areas
- Support health and safety in the salon

Progress to NVQ Level 2 may be possible depending on the ability of the student.

NVQ Level 2

This is a one or two-year course dependent on ability. Level 1 is a requirement.

The core study units are:

- Advise and consult with client
- Shampoo, condition and dry hair
- Dry and set hair
- Basic cutting
- Perm and neutralise hair
- Basic colouring
- Salon reception duties
- Working as a team
- Support health and safety in the salon

NVQ Level 3

Candidates who successfully achieve Level 2 can progress to Level 3.

NVQ Beauty Therapy

City & Guilds NVQ Level 1

Course content:

- Health & Safety
- Reception
- Prepare work area
- Assist with facial
- Assist with nails

City & Guilds NVQ Level 2

Course content:

- Health, safety and hygiene
- Facial diagnosis
- Practical manual facial treatments
- Waxing and bleaching
- Nail diagnosis and treatments (manicure and pedicure)
- Reception and sales
- Eyelash and brow treatments
- Make-up design and application
- Related human biology
- Teamwork and communications